

FOR IMMEDIATE RELEASE

**2<sup>nd</sup> and Final Edition of “*Ghetto Plainsman*” is released!**

Fort Worth, TX — April 19, 2010 — every person has a deeper story, but it’s not always easy telling the truth about who we really are and where we’re going. It took Jarid Manos nearly a decade of soul-searching before his journey could come to life on paper, but now it’s here!

"Gritty, raw and spiritual, ***Ghetto Plainsman*** chronicles one man’s triumph over humiliation, self-defeat, anger and violence by taking us on a chaotic journey between urban survival and the life-or-death struggles of the ravaged American Great Plains."

Before E. Lynn Harris passed, he wrote that **Ghetto Plainsman** is “heartbreaking and beautifully written with a dignity rarely seen in books today.”

**Ghetto Plainsman** is empowering readers across the country to examine their own lives and the truth that will ultimately set them free. **Ghetto Plainsman** says to the world...“Become a seeker, don't be afraid of your own journey.”

(Now available at [BarnesandNoble.com](http://BarnesandNoble.com))

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